

“R” WORDS THAT MAKE A POSITIVE DIFFERENCE IN LIFE

1. **RECEIVE correction** humbly and with appreciation
2. **READ books** that build wisdom and understanding
3. **REJECT temptations** to hurt others or your character
4. **REMEMBER** that you were created to be good
5. **REJOICE** over your blessings
6. **REBUILD** when you fail to be all you should be
7. **RECOGNIZE** your strengths and weaknesses
8. **REALIZE** that you need other people
9. **REPENT** when you hurt, use, or abuse people
10. **RELATE** kindly to people and animals
11. **RIGHT** your wrongs quickly
12. **RETALIATE** not at all
13. **REFUSE** offers to violate virtue
14. **REFRAIN** from cursing and angry outbursts
15. **RESTORE** when you damage people or property
16. **RAISE your character** to fit the demands of noble dreams.

By Ronald E. Johnson, C.Ph.D.

www.pacworks.com

Learn@pacworks.com